

**Meal Prices**

**Student Lunch:** \$3.45 to \$4.70

**Reduced Lunch:** \$ .40

**Adult Lunch:** \$4.50

**Conestoga High School**



Please register at [www.paypams.com](http://www.paypams.com) for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

M	10/30	Baked Potato Bar w/Meat Sauce, Broccoli, Sour Cream, Bacon Bits Fresh Baby Carrots, Pears & Peaches
T	10/31	Flatbread BBQ Chicken, Creamy Potato Salad, Baked Beans, Fresh Apple, Chilled Fruit Cocktail
W	11/1	Pepperoni Calzone, Marinara Sauce, Steamed Broccoli, Cucumber Slices w/Dip, Applesauce, Chilled Peaches
TH	11/2	Bacon Cheeseburger on a Kaiser, Creamy Potato Salad, Baked Beans, Fresh Apple, Chilled Fruit Cocktail
F	11/3	French Bread Pizza, Steamed Corn, Carrot Sticks, Fresh Grapes, Chilled Mixed Fruit

M	11/6	Cheese Steak w/ Fried Onions & Sauce, Steamed Green Beans, Fresh Baby Carrots, Chilled Pears & Peaches
T	11/7	<b>NO SCHOOL</b>
W	11/8	Pizza Dippers with Marinara Sauce, Corn, Fresh Salad, Apple Slices w/Cinnamon, Pineapple Chunks
TH	11/9	Chicken Parm over Pasta, Steamed Green Beans, Tossed Salad, Fresh Banana, Diced Peaches
F	11/10	Soft Taco w/Fixings, Black Beans & Corn, Broccoli w/Dip, Fresh Orange, Chilled Mixed Fruit

M	11/13	Chicken & Broccoli Alfredo Over Noodles Tossed Salad, Fresh Carrot Sticks, Fresh Grapes, Mixed Fruit
T	11/14	Lasagna Roll-ups, Steamed Green Beans, Broccoli w/Dip, Sliced Peaches and Applesauce
W	11/15	Meatball Parmesan Sandwich on a Sub, Seasoned Steamed Carrots, Cucu w/dip, Pears, Fresh Apple
TH	11/16	Roasted Turkey w/Stuffing and Gravy, Mashed Potatoes, Green Beans, Cranberry Sauce, Cinnamon Apples
F	11/17	Fish & Chips, Seasoned Green Beans, Cole Slaw, Fresh Orange, Diced Pears

M	11/20	Pizza Dippers with Marinara Sauce, Corn, Fresh Salad, Apple Slices w/Cinnamon, Pineapple Chunks
T	11/21	Italian Hoagie, Cole Slaw, Potato Wedges, Diced Peaches, Asst Fresh Fruit
W	11/22	<b>NO SCHOOL</b>
TH	11/23	<b>NO SCHOOL</b>
F	11/24	<b>NO SCHOOL</b>



M	11/27	Mozzarella Sticks w/Marinara Dip, Scalloped Potatoes, Fresh Baby Carrots, Chilled Pears & Peaches
T	11/28	Nachos with Seasoned Beef, Cheddar Cheese, Salsa, Steamed Corn, Black Beans, Fresh Apple, Mixed Fruit
W	11/29	General Tso's Chicken over Rice, Mixed Oriental Vegetables, Fresh Baby Carrots, Chilled Pears & Peaches
TH	11/30	Sloppy Joe on a Bun, Creamy Potato Salad, Baked Beans, Fresh Apple, Chilled Fruit Cocktail
F	12/1	French Bread Pizza, Steamed Corn, Carrot Sticks, Fresh Grapes, Chilled Mixed Fruit



Cheeseburger, Grilled Chicken, Chicken Patty, Vegetarian Burgers



Ham, Turkey, Roast Beef, Tuna Salad, Chicken Salad, Hot & Spicy Ham, Salami, 3 Cheeses and



Traditional Salad Bar and Specialty Salad Bar



Two Pasta's and Two Sauces Available Daily



Two Soups and/or Chili Daily



Mickey's Cheese Pizza Plus One Daily Special



Premade Salads, Wraps, Deli Sandwiches

Point of Sale payments can be made by check or cash. Please include your child's name and pin # with all pre-payments. You may also pay online at [www.paypams.com](http://www.paypams.com). PayPams registration is FREE giving you access to account balances and statements.

PayPams charges \$1.95 transaction fee for deposits made online, but all other services are free.

8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals